



HOUSE OF ASANTE SPA

A BEYOND-COMPARE RELAXATION EXPERIENCE



SPA MENU

29 Jorissen Street, Polokwane
Tel: 015 295 3417

Meropa Casino Branch, Polokwane
Tel: 015 290 5456

The Ranch Resort, Polokwane
Tel: 015 290 5000

Service also available at:
Fusion Boutique Hotel,
The Park Inn and Mošaté Lodge

Opening Hours 8am to 7pm or 10pm*
*Depending on location.

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THERAPIES FOR THE BODY

MASSAGES

	30 min	60 min	90 min
Jet Lag Eliminator		R685	R915
Stress Buster Massage		R685	R915
Full Body Relaxing Massage		R570	R800
Full Body Massage & Hot Stone		R685	R915
Lymph Drainage Massage		R685	R915
Full Body Scrub And Massage		R980	R1210
Pregnancy Massage		R570	R750
Post Natal Massage		R570	R800
Deep Tissue/Sport Massage		R685	R915
Rainshower Massage		R685	R915
Indian Head Massage	R345	R520	R685
Couple's Massage		R1095	R1325
Reflexology		R555	R800
	30 min	60 min	
Back And Neck Massage & Hot Stone	R455	R635	
Back And Neck Massage	R405	R570	
Foot Massage	R345	R520	
Foot Massage & Hot Stone	R460	R690	
Cranio-sacral Massage	R405		
Infant Massage	R230		

Authentic Africa

	60 min	90 min
African Warm/Cold Bamboo	R685	R915
Moroccan Fusion Floor Massage	R685	R915
African Barefoot Massage	R685	R915
African Sea Shell Massage	R685	R915
African Thoka Massage	R685	R915
African Kgapa Massage (Calabash)	R685	R915

The Exotic Touch

	60min	90min
Thai Full Body Massage	R685	R915
Shaitsu (Eastern Massage)	R685	R915
Lomi Lomi (Hawaiian Massage)	R685	R915
Balinese Massage	R685	R915
Double Delight (4 Handed Massage)	R1150	R1495
	30min	60min
Thai Back & Neck Massage	R345	R570
Thai Foot Massage	R290	R520

BODY WRAPS

All our body wraps are combined with hydrofusion.

	60min	90min
Recuperation Body Wrap (Wrap Powder)	R495	R795
Circulation Body Wrap (Clay Body Mud)	R495	R795
Draining Body Wrap (Herbal Wrap)	R495	R795
Cellulite Slimming Body Wrap (Fucus Wrap)	R495	R795
Aroma Well Being Body Wrap joints And Muscles Wrap (Marine Mud Wrap)	R495	R795
Anti-stress Body Wrap (Marine Mud Wrap)	R495	R795
Anti-aging Firming Body Wrap (Jellifying Body Wrap)	R495	R795
Delightful Relaxation Body Wrap (Seaweed and Clay Wrap)	R495	R795
Anti-aging, Anti-oxidant Body Wrap	R495	R795
Full Body Exfoliation	R495	R795

HYDROTHERAPY TREATMENTS

Hydrofusion Treatments & Express Facial

Combination use of infrared head, steam showers, mist, colour therapy and vibration starts with exfoliation and a facial.

Skin Rejuvenation Programme	R750
Energy Boost For Sluggish Body	R750
Pain Relief For Sore Muscles & Joints	R750
Cellulite Reduction	R750
Slim, Trim And Smooth (Weight Loss)	R750
Detoxification Programme	R750
Kneipp Treatment (For Circulation)	R750
Stress Reduction (Mental Ease)	R750
Sleep/Meditation (Sleep Restorative Therapy)	R750
Anti Ageing (Wrinkles Away)	R750
Steam Session	R750
Sauna Session	R750
Aroma Steam Facial	R750

Hydrotherapy Whirlpool Treatments

Health & Restoration Bath & Linen Wrap	R570
Relieves sore muscles & increases circulation	
Health & Energising Bath & Linen Wrap	R570
For sluggish tired & mind	
Health & Balance Bath & Linen Wrap	R570
Stress reduction & balance bath & wrap	
Health & Well Being Bath & Linen Wrap	R570
Calming the Body & Mind	
Mineral Bath & Linen Wrap	R570
Muscle Tonic Bath, Linen Wrap & Massage	R1150

ADD A FULL BODY MASSAGE TO ANY OF THE ABOVE WRAPS FOR ONLY R460.



SIGNATURE TREATMENTS

Turkish Hammam Treatment	R977.50
Turkish Hammam soap and foam suds massage invigorate your senses, leaving you revived. 1h30	
Moroccan Hammam Treatment	R1092.50
Moroccan black olive oil gel and Atlas mountain Rhassoul mud and rose water is applied to suck out the toxins, leaving you feeling rejuvenated. 1h30	
Egyptian Hammam Treatment	R1207.50
The Cleopatra secret cleanse ritual of milk and honey will indulge your senses as it removes all traces of dead skin, leaving your skin smooth, brighter and rehydrated. 1h30	

FACIALS: PEVONIA

Classic Facial	60 min	R575
Express Facial	45 min	R520
Plantomer Facial With Back & Neck Massage	90 min	R845
Rosacea Facial With Back & Neck Massage	90 min	R945
Problematic/Acne Skin	60 min	R550

ANTI-AGING

Lumafirm Lift & Glow Eye Contour Treatment	40 min	R435
Stem Cell Phyto-Elite with Back & Neck Massage	90 min	R1555
Anti-Free Radicals Facial with Back & Neck Massage	90 min	R975
Myoxy-Caviar Mask For Him with Back & Neck Massage	75 min	R1130
Escutox Freeze-Dried Anti-Wrinkle Treatment Mask	60 min	R795
Lumafirm Lift & Glow Facial Back & Neck Massage	90 min	R995

ANTI-PIGMENTATION

High Performance Lightening Treatment	90 min	R845
Luminous "C" & "Sea" Facial with Back & Neck Massage	90 min	R2115

TEEN SPA FACIAL

Spa Teen Blemished Skin In-spa Treatment	50 Min	R395
Spa Teen Papaya Hydra-soothe In-spa Treatment	50 Min	R470

FACIAL PEELS: Pevonia

Micro Retinol Peel	60 mins	R700
Floracide Peel	45 mins	R450
Lacto-Flora Acid Peel	45 mins	R450



WAXING [HOT/COLD]

Brazilian	R345	Half Arm	R150
Full Leg	R345	Chest	R175
Full Arm	R290	Chest & Abdomen	R405
Under Arm	R150	Back	R230
Bikini Line	R140	Lip	R 60
Half Leg	R255	Chin	R 60
3/4 Leg	R175	Lip And Chin	R115
Top Leg	R175	Facial	R405
Full Leg & Bikini Line	R485	Eyebrow Shape	R 80
Hollywood	R345	Eyebrow Shape & Tint	R115

MEN'S WAXING

Full Body Wax	R865
Full Back	R460
Man Scaping/Manzilian	R345

PROFESSIONAL MAKE-UP

Photographic Make-up	R345
Day Make-up	R210
Evening Make-up	R230
Bridal Make-up	R1095
Trial Make-up	R230

EYES

Eyebrow Shaping	R 80
Eyebrowshape & Tint	R115
Eyelash Tint	R 95
Eyelash Extension (3 Weeks)	R290
Eyelash Extension (3 Months)	R865
Eyebrow Tint	R 60

PEDICURE RITUALS

Classic Anti-Fatigue Spa Pedicure	60mins	R345
Deluxe Warm Paraffin Pedicure	60mins	R405
The High Heeler Soothing Foot Pedicure	60mins	R405
Circulating Foot and Leg Treatment	90mins	R570
Draining Foot and Leg Treatment	90mins	R570
Anti-Oxidant Red Grape Pedicure	60mins	R520
Anti-Inflammation Ginger Pedicure	60mins	R455
French Paint for Hands and Feet	60mins	R175

MANICURE RITUALS

Classic Spa Manicure	R290
Deluxe Pariffin Manicure	R345
Anti-aging Hand Treatment	R405
File, Buff & Paint	R115



NAIL ENHANCEMENT

Full Set of Acrylic	R345
Full Set of Gel	R405
Gel Overlay	R255
Nail Repair (per nail)	R 35
Refill Acrylic	R230
Soak-Off	R115
Airbrush Design	R230
French Toe Tips	R405
Nail Art (per nail)	R 25

PACKAGES

Half Day Spa Package **R2650 p/p**
Includes lunch, snacks, juice, tea and relaxation.
9:00 - 13:00 Lunch

Full Day Spa Package **R3320 p/p**
Includes breakfast, lunch, snacks, juice, tea and relaxation.
9:00 - 16:30



JUST FOR MEN

Gentleman's Rejuvenating Facial With Stimulating Foot Massage

Designed specifically for men, this treatment starts with stimulating scalp treatment followed by cleansing and steaming, exfoliation and massage leaving the skin stronger and youthful. Finish your treatment with a foot and ankle massage.

Duration: 75min **R860**

Thyme For Men Facial With Back & Neck Massage

Ideal for outdoor sportsmen, for city skin or imbalanced, stressed skin suffering from breakouts and congestion. A superb brighter that reveals skin in top condition with tighter pores and more even tone. A back and neck massage completes the treatment.

Duration: 75min **R750**

Executive Full Body Deep Tissue Massage with Total Foot Fitness

Soak and stress relieving head massage
Duration: 90min **R980**

Men's Classic Circulation Foot Treatment And Grooming

Relax with a glass of wine of your choice while your feet are soaked in warm water, centred with revitalising essential oils, followed by exfoliation, careful nail detailing, cuticle care and foot massage.

Duration: 60min **R550**